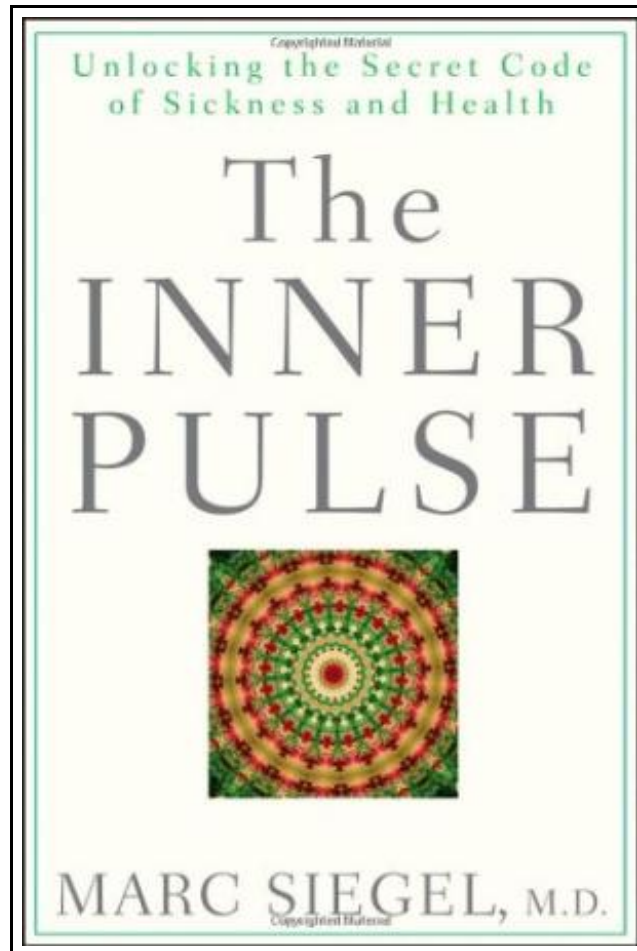


The Inner Pulse: Unlocking the Secret Code of Sickness and Health



Filesize: 3.63 MB

Reviews

This book is definitely not easy to get going on reading through but extremely exciting to see. I am quite late in start reading this one, but better then never. I am pleased to explain how here is the finest book i actually have read inside my individual daily life and may be he best book for ever.
(Mrs. Ellie Yost II)

THE INNER PULSE: UNLOCKING THE SECRET CODE OF SICKNESS AND HEALTH



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Wiley. Hardcover. Book Condition: New. Hardcover. 256 pages. Dimensions: 9.1in. x 6.2in. x 1.0in. Understanding the secret code of illness and health Many doctors overlook the seemingly inexplicable tragedies and recoveries that happen in hospitals every day, opting to view them simply as aberrations from the medical norm. In this book, Dr. Marc Siegel draws from his decades of experience treating patients and explores the sometimes miraculous effects that the spirit and emotion can have on disease and healing. The inner pulse is the essence that links the soul to the mind and body, the marker that predicts whether a persons life force is fading or strengthening. This book shows you how to tap into your inner pulse and even how to influence it. Explores how your inner pulse can alert you to what is going on in your body Offers a new perspective on the positive and negative effects of the mind on illness and healing Includes dramatic case stories of Dr. Siegels work with his own patients those who have healed and those who have not Exploring the uncanny world where expectation and outcome are driven by a patients personal intuition, this book will give you a deeper understanding of how the mind relates to disease and how the mind and the body working in sync can help heal. Introduction from the Author, Dr. Marc Siegel The inner pulse is the spiritual and physical axis that grows stronger with good health and weaker with illness. It is the most powerful force in the body, and it can be your radar to good health or impending illness. Here are some of the things I learned while writing The Inner Pulse: 1) A strong inner pulse is your radar that you will survive; a weakening inner pulse warns you that your health is deteriorating. The inner...



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