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Spiritual Simplicity: Doing Less, Loving More (Hardback)

By Chip Ingram

Howard Books, United States, 2013. Hardback. Book Condition: New. 180 x 132 mm. Language: English . Brand New Book.

Changing Love from a Noun to a Verb In our frantically driven, complex lifestyle, we suffer from fatigue, little margin, shallow relationships, and fractured families. As a result of this driven lifestyle, our souls are dis-eased--they have a lack of ease. This highly practical, comforting book maintains that it is possible to run the race at a different, more meaningful speed. Not only is it possible; it s absolutely necessary. The key to simplifying life, Chip Ingram says, is to make sure love is your #1 priority. Love redirects our focus and unravels the complex, overextended lifestyle that keeps us ever running but never arriving. In Spiritual Simplicity, Ingram explains how to change our love from a noun to a verb and choose to concentrate on what really matters: the people we love the most. Each chapter ends with probing questions to help you process, ponder, and discuss the life-giving principles laid out in this desperately needed book. *** If you crave simplicity, yearn for peace and calm, this book is for you. Through biblical teaching and practical insights, author Chip...



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