



## Songs of Milarepa (Paperback)

By Milarepa

Dover Publications Inc., United States, 2003. Paperback. Book Condition: New. 206 x 130 mm. Language: English . Brand New Book. A Buddhist holy man whose songs have been sung and studied since the twelfth century, Milarepa exchanged a life of sin and maliciousness for one of contemplation and love, eventually reaching according to his disciples the ultimate state of enlightenment. His thousands of extemporaneously composed songs communicate complex ideas in a simple, lucid style. This volume features the religious leader's best and most highly esteemed songs of love and compassion. Sure to inspire and provide reading pleasure to a wide audience. Considered by many of his followers to be another St. Francis, Milarepa exchanged a life of sin and maliciousness for one of contemplation and love, eventually reaching a state of enlightenment. His thousands of extemporaneously composed songs have been widely sung and studied since they were first recorded and disseminated centuries ago by his disciples. This volume features the best and most highly esteemed of the religious leader's songs of love and compassion that include lessons on the negative aspects of ambition and the importance of finding inner peace. In addition, he stresses the briefness of life: . ....

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