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The Fearless Footballer (Paperback)

By Eitan Azaria

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. Even in a stadium bursting with 50,000 spectators, you tell yourself, "This is so great this is my day for showing what I'm worth" The book that will take you by the hand and show you how to play without hesitation! As a young football player, Eitan, searched for ways and methods to overcome the mental blocks he experienced, such as lack of confidence, fear of failure, performance anxiety, and differences between the ability he showed during games compared that he showed during practice. This led him on a personal journey, during which he studied almost every possible method used to fulfill potential. He made many mistakes, discovered what works and what does not. In the end, he packed all his knowledge into a practical, easy-to-read guide that enables every football player to show the same ability during games as they show so easily during practice. This book will teach you step-by-step how to develop the confidence needed by competitive football players who aspire to succeed in football and to fulfill their dreams. What will this...



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