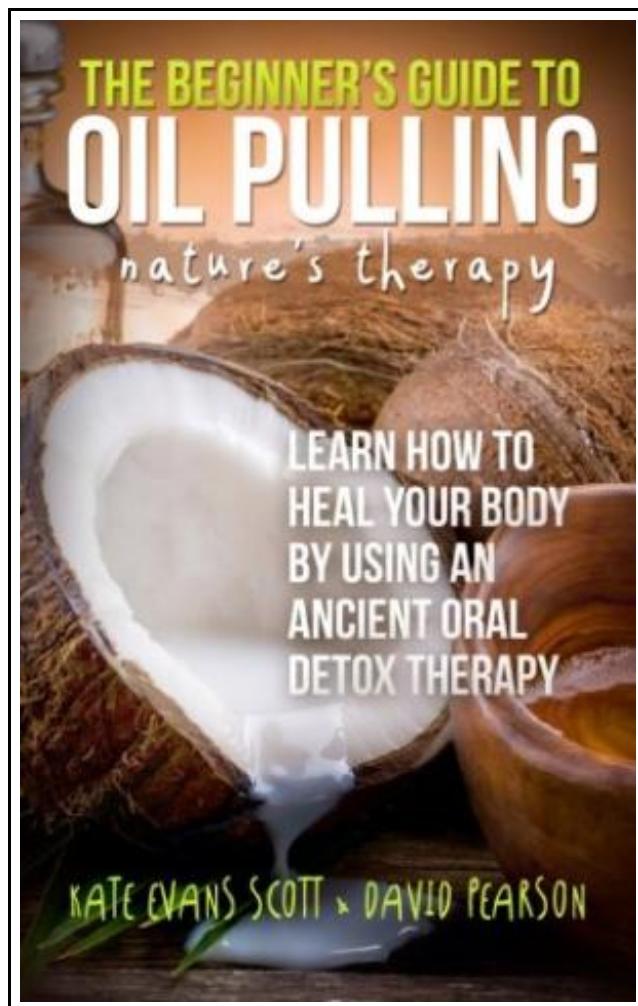


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Kids Love Press, United States, 2014. Paperback. Book Condition: New. 196 x 126 mm. Language: English . Brand New Book ***** Print on Demand *****.DISCOVER:: An Ancient Healing Modality That Actually Works and is Available to Everyone Oral health is the key to a healthy body and happy life. An ancient Ayurvedic therapy, Oil Pulling is now entering the spotlight as one of the quickest and most effective natural therapies available. In addition to the foods you consume, your tongue is highly permeable, so it s no surprise that the mouth is the entry way for most toxins that reside in your body. The simple practice of swishing high grade oils in your mouth can have surprising (if not miraculous) health benefits for your entire body - not just the mouth. In a short period of time, you will discover that various chronic illnesses can be remedied by integrating this practice into your daily routine. In *The Beginner s Guide To Oil Pulling*, you ll find the information you need to begin transforming your health with this incredible natural remedy. Inside you ll find explanations as to why chronic health problems and oral health are intimately linked, as well as an in depth analysis of the process and properties involved in this practice. You ll Discover: The History of Oil Pulling in Ayurvedic Medicine The Reason Oil Pulling Works What are the Best Oils to Use (ie. Coconut Oil, Sesame Oil, Olive Oil etc.) Oil Pulling Use for Healthy Teeth Oil Pulling Use for Cardiovascular Health Oil Pulling Use for Vision Impairment How to Use Oil Pulling for Migraine Treatment and Prevention Oil Pulling Use for Halitosis Oil Pulling Use for Gum Health .and more! Can t wait to jump in? Scroll to the top of the page to grab...



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