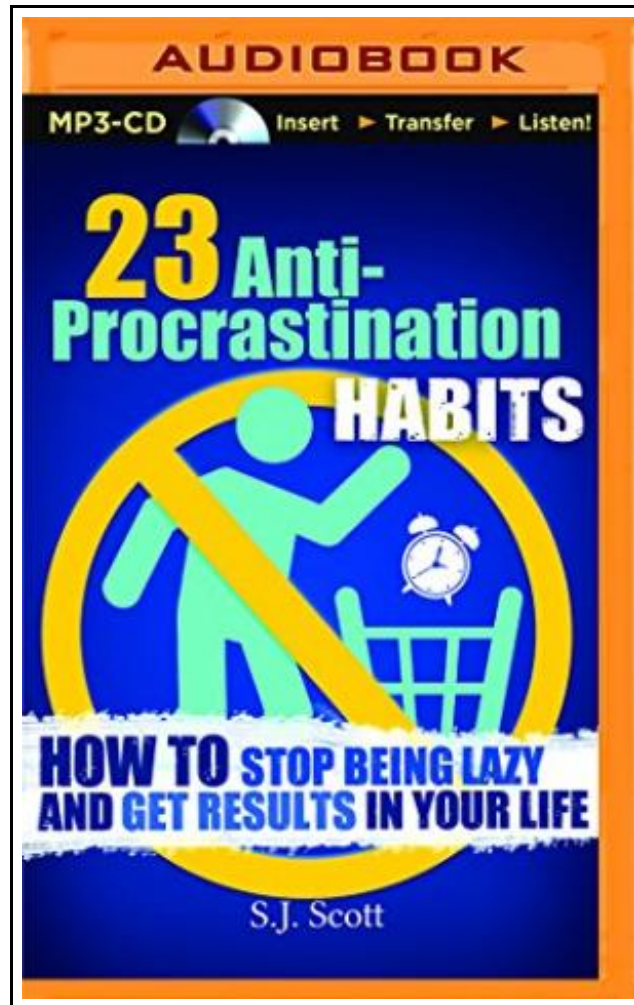


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BRILLIANCE AUDIO, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 168 x 135 mm. Language: English . Brand New. Learn: How to Stop Procrastinating and Forever Eliminate Your Lazy Habits Do you struggle with completing projects or specific tasks? We d all like to get things done and become more productive. But what often happens is we put off important tasks and let them slip through the cracks. The end result? We get overwhelmed by the amount of things to do. In other words, procrastination causes you to feel stressed when you re not completing tasks in a systematic manner. The solution is simple: Develop an anti-procrastination mindset where you take action on a daily basis and never get overwhelmed by your to-do list. Right now: Develop Anti-Procrastination Habits to Get Immediate Results It s not that hard to stop procrastinating. Really, all you have to do is form the same habits used by countless successful people and make them part of your routine. While these people often have the same fears and limitations as you, they re able to take consistent action because they ve trained themselves to do so. In the audiobook **23 Anti-Procrastination Habits**, you will discover a catalog of ideas to help you overcome procrastination on a daily basis. Whereas many books provide a simple list of tips, you ll learn why a specific strategy works, what limiting belief it eliminates, and how it can be immediately applied to your life. In short, you will learn the root causes of your procrastination and how to overcome them. **23 Anti-Procrastination Habits: How to Stop Being Lazy and Get Results in Your Life** **23 Anti-Procrastination Habits** contains a step-by-step blueprint of how to identify and conquer those lazy feelings. You will learn how to: Single-handle your way to...



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